

## Safeguarding Policy Amendment Covid 19



### **Carlisle United**

This amendment should be read in conjunction with the Club Safeguarding Policy as updated in January 2020

<https://www.carlisleunited.co.uk/news/2020/january/safeguardingpolicy/>

### **Club statement:**

The way in which Carlisle United is currently operating in response to coronavirus (COVID-19) is fundamentally different to business as usual, however, a number of our important safeguarding principles remain the same:

- with regard to safeguarding, the best interests of children will always continue to come first
- if anyone has a safeguarding concern about any child connected to the Club they should continue to act and act immediately
- a Designated Safeguarding Officer and Senior Safeguarding Manager will always be available
- unsuitable people are not allowed to enter the Club workforce and/or gain access to children
- children continue to be protected when they are online

### **Club Safeguarding Contacts:**

During the Covid-19 lockdown period the Safeguarding contacts for the Club are unchanged <https://www.carlisleunited.co.uk/news/2020/february/club-staff/>

Remember that in an emergency or where there is risk to life you should contact the police immediately.

### **Other Safeguarding contacts in football:**

Whilst any safeguarding concern should be raised with the Club Safeguarding contacts in the first instance we recognise that this may not always be possible or appropriate. Below are the contact details for footballing partners with whom safeguarding concerns in relation to the Club can be discussed:

The English Football League Safeguarding Team

Tel: 01772 325940

Email: [safeguarding@efl.com](mailto:safeguarding@efl.com)

If they concern regards a person in employed in footballs conduct towards a child:

The FA Safeguarding Team

Tel: 0800 169 1863

Email: [Safeguarding@TheFA.com](mailto:Safeguarding@TheFA.com)

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### **Mental health:**

Negative experiences and distressing life events, such as the current circumstances, can affect the mental health of us all. Players who are struggling under the current circumstances should contact the Club safeguarding staff as outlined above. Support can also be accessed through a number of national organisations including:

The Samaritans	Tel: 116 123	<a href="https://www.samaritans.org">https://www.samaritans.org</a>
ChildLine:	Tel: 0800 1111	<a href="https://www.childline.org.uk">https://www.childline.org.uk</a>
NSPCC:	Tel: 0808 800 5000	<a href="https://www.nspcc.org.uk">https://www.nspcc.org.uk</a>
Mind:	Tel: 0300 123 3393	<a href="https://www.mind.org.uk">https://www.mind.org.uk</a>
PFA:	Tel: 07500 000 777	<a href="https://www.thepfa.com/wellbeing">https://www.thepfa.com/wellbeing</a>

### **Online safety:**

It is important that internet safety and security messages are re-enforced during this time when we are expecting young people to be online more often. They may also be increasing their usage on devices during their own free time during this lockdown period. It is important that both players and parents are aware of the help and support available should they be concerned about something they have seen or experienced online. These include:

UK Safer Internet Centre	<a href="https://reportharmfulcontent.com/">https://reportharmfulcontent.com/</a>
CEOP	<a href="https://www.ceop.police.uk/safety-centre/">https://www.ceop.police.uk/safety-centre/</a>
Internet Matters	<a href="https://www.internetmatters.org/">https://www.internetmatters.org/</a>
NetAware	<a href="https://www.net-aware.org.uk/">https://www.net-aware.org.uk/</a>
ParentInfo	<a href="https://parentinfo.org/">https://parentinfo.org/</a>
ThinkuKnow	<a href="https://www.thinkuknow.co.uk/">https://www.thinkuknow.co.uk/</a>